# **Welcome to Fuchsia**

Please take a seat at a free table and browse through our menu

We will come over to take your order from your table

Simply pay at the bar once you have finished. Thank you!

# Full Breakfasts served until midday

**The Fuchsia Full Welsh** local butcher's sausage, Welsh thick-cut bacon, mushrooms, cherry tomatoes, free-range egg, baked beans, buttered toast \_ **10.50** 

**The Fuchsia Full Vegan vg** vegan sausage, hash brown, avocado, mushrooms, cherry tomatoes, baked beans, vegan-buttered toast \_\_10.50

Kids Breakfast Your choice of three breakfast items served with white buttered toast \_ 7.50

Extra avitems:

avocado \_ 2.50

Welsh thick-cut bacon \_ 2.00 butcher's sausage

hash brown \_ 1.50 mushrooms

free-range egg \_ 1.25

### Breakfast & Brunch served all day

Free-Range Eggs Your Way V GFO choice of two poached | two fried | scrambled eggs on buttered sourdough \_ 7.00 >> Add mushrooms 1.50

Bacon Sandwich vgo choice of Welsh thick-cut bacon | meat-free 'bacon' rashers 7.00

Sausage Sandwich vgo choice of butcher's sausage | vegan sausage \_ 7.00

» Add fried egg \_ 1.25

Bacon & Fried Eggs GFO Welsh thick-cut bacon and fried eggs on toasted sourdough \_ 8.00

Salmon & Scrambled Eggs GFO salmon and scrambled eggs on toasted sourdough \_ 9.75

» Add smashed avocado \_ 2.50

 $\textbf{Smashed Avocado} \ \ \textbf{VG GFO} \ \ \text{freshly smashed avocado on toasted sourdough} \ \ \underline{\ \ \textbf{7.00}}$ 

» Add poached eggs \_ 2.50

Buttermilk Pancakes V delicious stack of 3 homemade buttermilk pancakes with your choice of topping:

Welsh thick-cut bacon and maple syrup | berry compote | chocolate spread and strawberries \_ 9.50

» Add caramelised bananas 1.50 Children's portion available as a 2-pancake stack 7.50

Granola Bowl VGO luscious Llaeth y Llan Greek yogurt topped with fresh fruit, berry compote, granola \_ 7.00

Toast with Preserves GFO choice of strawberry jam | marmalade | marmite | peanut butter | honey \_ 3.50

Looking for something extra? Check the counter for today's selection of delicious pastries and homemade cakes

V Vegetarian VG Vegan VGO Vegan Option GFO Gluten-Free Option

If you have any allergies or dietary requirements please let your server know when you order.

## Lunchtime Classics served from midday

Sandwiches (all served with a side salad and homemade coleslaw)

Pastrami GFO Pastrami, mayonnaise, gherkin, wholegrain mustard, spinach \_ 10.50

Coronation Chickpea VG GFO chickpeas, sultanas, red onion, lightly spiced mayo, mango chutney, spinach 9.50

**Teifi Halloumi** V GFO grilled halloumi marinated in harissa and honey, tomato, spinach 10.50

Bloody Mary Prawn Cocktail GFO prawns, celery salt, Tabasco sauce, little gem lettuce 10.50

#### **Our Favourites**

Welsh Rarebit Toasted sourdough topped with Welsh mature cheddar, ale, and wholegrain mustard, onion chutney, side salad 8.95

The Celtic Rarebit Toasted sourdough topped with Welsh mature cheddar, ale, and wholegrain mustard, lava, cockles, Welsh thick-cut bacon, side salad 10.50

Ploughman's Lunch GFO pork pie, half an apple, pickled onions, granary bread, onion chutney, grapes, coleslaw, and your choice of: mature cheddar | ham \_ 11.00 mature cheddar AND ham 12.50

The B.L.T GFO Welsh thick-cut bacon, lettuce, tomato, mayonnaise \_ 7.50

Vegan B.L.T vg meat-free 'bacon' rashers, lettuce, tomato, vegan mayo \_ 7.50

Roasted Beet Salad GFO roasted beetroot, goats cheese, beluga lentils, watercress salad, salsa verde dressing 11.95

#### **Snacks and Sides**

Crusty Bread and Oils VG | Olives VG | Mixed Leaf Salad VG 4.50 each Pitta and Homemade Hummus \_ 5.00

### Little Buds

Fuchsia Funbox GFO choice of ham | cheese | jam sandwich on white bread, with crisps, chocolate, yogurt, served with a fruit shoot or milk 6.00

Kids Quesadilla V tasty cheese-filled tortilla, folded and pan-toasted \_ 4.00 » Add ham or onion 0.75

# **Specials**

Don't forget to look at our current selection of specials, found on the blackboards

### **Fuchsia**

The Mews, Upper Frog Street, Tenby, Pembrokeshire, SA70 7JD







